

UNIVERSITA' DEGLI STUDI DI BARI "ALDO MORO"

DIPARTIMENTO DI SCIENZE DELLA FORMAZIONE, PSICOLOGIA, COMUNICAZIONE

2021 - 2022

General Information	
Academic subject	General Psychology
Degree course	Psychological Sciences and Techniques
Curriculum	-
ECTS credits	9
Compulsory attendance	No
Language	Italian

Subject teacher	Name Surname	Mail address	SSD
	Antonietta Curci	antonietta.curci@uniba.it	M-PSI/01

ECTS credit details			
Basic teaching activities	General Psychology	M-PSI/01	9

Class schedule	
Period	Ist semester
Year	1st
Type of class	Lectures Thematic workshops

Time management	
Hours measured	60 minutes
In-class study hours	60
Out-of-class study hours	165

Academy calendar	
Class begins	
Class ends	

Syllabus	
Prerequisite requirements	Receptive and productive linguistic competencies Understanding and reasoning abilities Synthesis and thematic elaboration Basic English language knowledge
Expected learning outcomes (According to Dublin Descriptors)	<ul style="list-style-type: none"> Acquiring knowledge and understanding <ul style="list-style-type: none"> Overview of the epistemological fundamentals of the scientific psychology Knowledge of the main theoretical and methodological approaches to the study of human

	<p>behaviour and cognitive processes Knowledge of the main research issues in general psychology</p> <ul style="list-style-type: none"> • Applying knowledge and understanding Applying thematic knowledge of general psychology to solve non-familiar problems in broad and interdisciplinary contexts Identifying the psychological processes involved in daily-life behaviour • Making informed judgments and choices Abilities to observe, identify, and analyze human behaviour and cognition Problem finding and non-naïf observational skills for dealing with daily-life psychological phenomena • Communicating knowledge and understanding Abilities to express the contents learned during the course in a personal and competent way • Capacities to continue learning Reading, analyzing, and communicating texts on general psychology themes, in order to facilitate subsequent studies and enhance the student's autonomy.
Contents	<p>The course aims to introduce students to the understanding of human behaviour and cognitive process with a particular emphasis on the methodological approaches in general psychology. Specific issues of psychology of emotions will also be presented with reference to the most recent scientific evidence in the field.</p> <ul style="list-style-type: none"> • History and methods of scientific psychology research • Physiological bases of behaviour • Learning • Sensory systems • Perception and attention • Memory • Thinking and reasoning • Intelligence • Communication and language • Motivation and emotions

Course Program	
Bibliography	<ul style="list-style-type: none"> • Coon, D. & Mitterer, J. O. (2016). <i>Psicologia Generale</i>, 2a edizione. Torino: UTET. • Watkins, E. R. (2008). <i>Constructive and unconstructive</i>

	<p>repetitive thoughts. <i>Psychological Bulletin</i>, 134, 163–206.</p> <ul style="list-style-type: none"> • Rimé, B. (2009). Emotion elicits the social sharing of emotion: Theory and empirical review. <i>Emotion</i>, 1, 60–85. • Curci, A., & Rimé, B. (2012). The temporal evolution of social sharing of emotions and its consequences on emotional recovery: A longitudinal study. <i>Emotion</i>, 12, 1004-1014. • Curci, A., Lanciano, T., Soletti, E., & Rimé, B. (2013). Negative emotional experiences arouse rumination and affect working memory capacity. <i>Emotion</i>, doi: 10.1037/a0032492
Notes	
Teaching methods	The course will encompass both lectures and thematic workshops, with ad-hoc contributions of experienced researchers and psychology professionals.
Assessment methods	<p>Intermediate assessments of students' learning will be scheduled during the course.</p> <p>The assessment (intermediate and final) will consist of a written paper and will aim to verify the level of the student's mastery with respect to the contents proposed during the course with a specific consideration for:</p> <ul style="list-style-type: none"> – references to theory – lexical appropriateness; – references to methods and procedures of investigation in scientific psychology; – ability to make conceptual inferences; – ability to elaborate contents.
Further information	Tutorial material (slides, schemes, papers, etc.) will be made available to students during the course.